

Press release

## On International Women's Day

### **CEOMA works against the vulnerability of elderly women**

(Madrid, March 7<sup>th</sup>, 2019) .- On the occasion of International Women's Day, the Spanish Confederation of Elder People's Organizations (CEOMA) continues to work against a scourge that affects older people and more women advanced age; "Loneliness, mistreatment and abuse", through his work group **'Neither abuse nor mistreatment. You're not alone!'**

Women live longer than men and their life expectancy is greater, which in many cases, generates a greater risk factor at an advanced age, causing different types of abuse: psychological, physical, domestic, social and economic, among others...

Elder women are very vulnerable to their aggressors. Considered by them, as people without the capacity to make their own decisions, lacking the minimum rights of freedom. What affects a clear age discrimination and a violation of their rights.

As the age advances, the physical and psychic deterioration progresses generating an increase of dependency and appearing different types of disability. In these cases, abuse and mistreatment are further aggravated, as can be on the individual level at the hands of a caregiver or family member. A frequent problem ignored by society, which in many cases, out of fear, ends up being accepted by the victim herself.

It is necessary that from the Public Administrations they are provided with tools, such as a specific telephone in case of reporting abuse, similar to the one that already exists in many countries of gender violence, a telephone that is short and simple to memorize.

It is also very important for society to be aware of this type of violation of human rights and from CEOMA we encourage that if someone is aware of any case of abuse and mistreatment towards older people, that they report through Police and that do not leave the elderly people abandoned to their fate in the hands of their executioners.

#### **CEOMA**

The Spanish Confederation of Senior Organizations - CEOMA is a non-profit organization created to defend the rights of the elderly. It represents 26 organizations of senior citizens of the different Spanish' Autonomous Communities, with more than 550,000 grassroots members and more than 1,500 Associations. More information: [www.ceoma.org](http://www.ceoma.org)