



## DOREMI ORCHESTRATES HEALTHY AGEING IN EUROPE

25 October 2016, Brussels

Regione Toscana - Ufficio di Collegamento con l'Unione Europea  
Direzione Generale Presidenza  
Rond Point Schuman 14  
B - 1040 Bruxelles

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- 9.00-9.20 Project overview: the integrated approach of DOREMI to counteract frailty in older people  
*Oberdan Parodi (CNR-IFC, Pisa, Italy)*

### SESSION 1

9.30-11.15

**Empowering EU citizens on healthy lifestyles: The DOREMI environment**

**Chairpersons: Erina Ferro (CNR-ISTI),  
Shirley Hall (Extracare)**

- 9.20-9.40 The Sensing System to profile and monitoring habits of older people  
*Eduardo Monton (Mysphera, Valencia, Spain)*
- 9.40-10.00 Providing awareness and understanding of healthy eating: the DOREMI Diet App.  
*Patrizia Riso (DEFENS, University of Milan, Milan, Italy)*
- 10.00-10.20 Personalized Physical Activity Protocol and monitoring vital signs: the DOREMI Exergame  
*Federico Vozzi (CNR-IFC, Pisa, Italy)*
- 10.20-10.40 Stimulating cognitive functions by ICT user centered design: the DOREMI cognitive game  
*Antonio Ascolese (Imaginary, Milan, Italy)*
- 10.40-10.50 The user experience  
*DOREMI participant from UK site*
- 10.50-11.15 **Discussion**

**11.15-11.30 Coffee break**

### SESSION 2

11.30-13.00

**DOREMI data collection, analysis and results**

**Chairpersons: Stefano Chessa (University of Pisa),  
Sten Hanke (Austrian Institute of Technology)**

- 11.30-11.45 Presentation of the clinical trial  
*Shirley Hall (Extracare, Coventry, United Kingdom)*
- 11.45-12.00 User Interaction with specialist: the DOREMI dashboard  
*Karl Kreiner (Austrian Institute of Technology, Wien, Austria)*
- 12.00-12.20 Cognitive function and socialization before and after the trial  
*Mark Scase (De Montfort University, Leicester, United Kingdom)*
- 12.20-12.40 Engagement on healthy diet and physical activity and the integrated effects on functional parameters  
*Daniele Musian (SI4Life, Genoa, Italy)*
- 12.40-13.00 **Discussion**

**13.00-14.00 Lunch**

### **SESSION 3**

**14.00-15.00**

**Synergies among EU Projects on frailty and unhealthy dietary habits in older people**

**Chairpersons: Horst Krämer (European Commission, DG Connect),**

**Oberdan Parodi (CNR-IFC)**

- 14.00-14.20 PERSSILAA project: an ICT supported model to prevent frailty in the community  
*Maddalena Illario (University of Naples, Naples, Italy)*
- 14.20-14.40 The one year NU-AGE nutritional trial: compliance and changes in dietary intake among older people in five EU countries  
*Aurelia Santoro (University of Bologna, Bologna, Italy)*
- 14.40-15.00 Joint Programming Initiative among the three projects  
**Open discussion**

**15.00-15.15 Coffee break**

### **SESSION 4**

**15.15-16.30**

**Economic opportunities created by digital technology in EU older people**

**Chairpersons: Francisco Lupianez (Universitat Oberta de Catalunya),**

**Maddalena Illario (University of Naples)**

- 15.15-15.35 Strategies to mobilize stakeholders in digital technologies for Active and Healthy Ageing  
*Horst Krämer (European Commission, Brussels, Belgium)*
- 15.35-15.55 Exploitation of DOREMI results: can the developed solutions be applied in practice?  
*Oberdan Parodi (CNR IFC, Pisa, Italy)*
- 15.55-16.05 **Discussion**
- 16.05-16.30 Closing remarks DOREMI Scientific and Technical Managers

**Venue: Tuscany Region – EU Office, Rond-Point Schuman 14, Brussels**

**Closest Metro/Train Station : Schuman**



#### **For more information:**

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